

BECOME A MASTER WITH SHU-HA-RI

Japanese martial arts concept of training and learning. Its abstraction can be used in an agile environment. Shu-ha-ri is used to tailor a teaching concept based on stages of learning.

SHU / Learn

The starting phase. Student follows the teaching of his master without a need to understand the theory behind. He should concentrate on how to do the task in the way his master does.

HA / Detach

Second phase where a student starts to branch out. Underlying principles and theory are coming into focus since the basic practices are working. Learnings from other masters are starting to be integrated into his practice.

RI / Transcend

The end of learning from others. In this phase the student is learning from his own practice, creating his own approaches and adapting to his own circumstances. The student is becoming a master.

